

of consciousness, are particularly instructive. The entire volume proves the author's faculty to render scientific problems palatable, interesting and comprehensible to the educated non-medical reader. Healthy educated laymen will read it with profit, especially those who in their business or profession come in contact with others, such as judges, lawyers, teachers, officers in the army and navy, etc.

It is a question whether psychoneurotics should be instructed in medical matters by books. It is true that these patients form a large part of the clientele of a physician, it is true that the majority of physicians at present are not sufficiently conversant with psychology and psychotherapy to do justice to this class of patients. It is also true that few physicians outside of the specialists have the time necessary to the treatment of these patients. The attitude of the medical profession is responsible for the spread of unscientific or semi-scientific cults and methods of healing. The way to prevent the transference of so many patients into the camps of faith-curers lies in educating the medical profession in psychotherapy, and not in recommending to the patients books for instruction which, in a few instances, may perhaps have a good influence, but will in the majority of cases through the power of suggestion, be a cause of introspection and self-contemplation.

In psychotherapy the secret of success lies in proper individualization. The medical advice and the procedure of treatment have to be given in accordance with the individual symptoms and vary not only with the different psychoneurotics but also during the treatment of the individual. It is evident that no book, however well written, however perfect it may be, can not only never take the place of the trained physician, but will handicap the medical adviser and may aggravate the condition of the patient.

The book is recommended to all physicians who have a desire to inform themselves on psychotherapy without having the time to devote special study to this indispensable adjuvant of our medical equipment.

C. R.

PACIFIC ASSOCIATION OF RAILWAY SURGEONS; TENTH ANNUAL MEETING.

Under the presiding gavel of Dr. O. D. Hamlin, President, and the guiding hand of Dr. G. R. Carson, Secretary, the Association met August 30 and 31, at the St. Francis Hotel, San Francisco. Some sixteen papers were read during the two afternoons, and were discussed at length. On Saturday the annual lunch was the first attraction on the program and was enjoyed by a large number of members and a few guests.

The officers elected for the next year are as follows: President, Dr. David Powell, Marysville; First Vice-President, Dr. Legge, McCloud; Second Vice-President, Dr. S. J. Gardner, San Francisco; Treasurer, Dr. E. M. Keyes, Alameda; Secretary, Dr. G. R. Carson, San Francisco.

The next annual meeting will be held in San Francisco.

GERMAN PROPRIETARIES AND PATRIOTISM.

The innocent-looking articles with a nostrum testimonial at the end which were at one time tolerated or encouraged by most American medical journals have become a thing of the past. But in Germany the practice still flourishes, in fact it sometimes looks as if the writers, out of sheer good nature and as an after-thought, had tucked away a few nostrum boosts at the end of their otherwise valuable contributions.

Now, however, the Journal A. M. A. (Aug. 10,

1912, p. 452) tells that it is not good nature but patriotism which makes nostrum promoters out of some of our German colleagues. Recently the German Congress for Internal Medicine has appointed what may be called a German Council on Pharmacy and Chemistry which is to be known as "Die Arzneimittelkommission des Congresses für innere Medizin." A preliminary report of this commission has appeared and as might have been expected is being opposed by pharmaceutical manufacturers. Regarding this protest of German manufacturers the Journal says: "The nature of the protest is a general objection to any interference with trade. One phase of this protest, however, is especially characteristic of Germany's tendency; it is charged that this report is liable unfavorably to affect the sale of German proprietaries in foreign countries. To those German physicians who feel that patriotism demands the support and advancement of all German industry, regardless of its character, we would say that the time has long passed when we in this country took as gospel truth the claims made in German advertising circulars and in the many articles exploiting proprietaries which come to us in the form of reprints from German medical journals."

NEW AND NONOFFICIAL REMEDIES.

Since publication of New and Nonofficial Remedies, 1912, and in addition to those previously reported, the following articles have been accepted by the Council on Pharmacy and Chemistry of the American Medical Association for inclusion with "New and Nonofficial Remedies."

Articles accepted for N. N. R. Appendix:

Syrup of Quinine with Chocolate containing quinine sulphate 2.156 gm. in 100 cc. (10 grs. in a fluid ounce).

Ointment of Cargentos and Ichthyol containing cargentos 5 per cent. and ichthyol 5 per cent. (Jour. A. M. A., Aug. 3, 1912, p. 369).

Since publication of New and Nonofficial Remedies, 1912, and in addition to those previously reported, the following articles have been accepted by the Council on Pharmacy and Chemistry of the American Medical Association for inclusion with "New and Nonofficial Remedies."

Purified Extract of Adrenal Gland, Mulford, is an extract of the suprarenal gland, standardized physiologically by measuring its effect on blood-pressure and so adjusted as to correspond to the effect of 4 per cent. of purified epinephrine. It has therefore approximately four times the strength of desiccated suprarenal gland U. S. P. It is marketed as follows: Adrenal Ointment, Mulford, containing purified extract of adrenal gland, Mulford 25 parts, boric acid 1 part in 1000 parts. Urethral Suppositories Adrenal Comp., Mulford, each containing purified extract of adrenal gland 0.06 Gm. (1 grain), cargentos 0.13 Gm. (2 grains). Vaginal Suppositories Adrenal Comp., Mulford each containing purified extract of adrenal gland 0.06 Gm. (1 grain), cargentos 0.13 Gm. (2 grains), ichthyol 0.13 Gm. (2 grains). H. K. Mulford Co., Philadelphia (Jour. A. M. A., July 13, 1912, p. 121).

Articles accepted for N. N. R. Appendix:

Lozenges Adrenal Comp. each containing dried suprarenal gland 0.01 Gm. (1-6 grain), menthol 0.0013 Gm. (1-50 grain), benzoic acid 0.0026 Gm. (1-24 grain), eucalyptol 0.0013 Gm. (1-50 grain).

Rectal Suppositories Adrenal each containing dried suprarenal gland 0.3 Gm. (5 grains) (Jour. A. M. A., July 13, 1912, p. 121).

USE OF TYPHOID VACCINES.

To the Readers of the California State Journal of Medicine:

About six years ago the writer began to use vaccines in the treatment of typhoid fever. Since that